



"Yoga Bag"



Yoga is all about relaxing, so avoid the hassle of carrying all of those awkwardly-shaped items to class with this fun printed bag. Create pockets for your mat and that all-important water bottle – even a clip to attach your keys!

Skill Level: Beginner

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Supplies:

Baby Lock Evolve **OR**

Baby Lock Imagine and Baby Lock Coverstitch machine

Belt loop binder (BLE8-S11)

Baby Lock Sewing Machine

4 Spools Maxi-Lock serger thread

All-purpose thread to match fabrics

1 yard of striped fabric *

½ yard of coordinating print fabric*

7" square of heavy craft weight interfacing

Swivel Hook for 1" strap

* If you are using a lighter weight fabric, it is best to back all fabrics with a medium weight fusible interfacing first.

Instructions:

1. Cut the following pieces:

- 19" x 30" piece of striped fabric for main bag
 - 19" x 13" piece of coordinating print for pocket
 - 1-3/4" x 12" of stripe for swivel hook strap
 - 1-3/4" x 84" of coordinating print for bag drawstring strap (join two 45" strips to obtain required length)
 - 6-3/4" circle from coordinating print for base
 - 6-3/4" circle from craft weight interfacing for base
2. Baste or fuse the craft weight interfacing circle to the wrong side of the fabric circle. Set this aside.
 3. Thread the serger for a four-thread stitch.
 4. Serge across the top of the main bag piece. Serge the sides of the main bag piece.
 5. Thread the serger for a two-thread wide coverstitch.
 6. Attach the wide belt loop binder (BLE8-S11) to your machine.
 7. Feed the 1-3/4" fabric strips through the binder to create the strap piece for the hook and the main bag strap.
 8. Feed the swivel hook onto the strap, folding the strip in half. Using the sewing machine and matching thread, stitch along existing coverstitching rows through both layers to secure the clip onto the strap.
 9. Fold the top serged edge of the main bag piece over 3" and press.
 10. Using the coverstitch, serge 1" from the folded edge to create a casing.
 11. Serge an additional row 1-1/2" below the first row to hold the fold in place and create decorative rows of topstitching on the right side of the fabric.
 12. Fold the top of the pocket piece over 2" and press. Coverstitch to hold the fold in place and create decorative topstitching along the right side of the pocket.
 13. Attach the swivel hook strap to pocket piece with the ends of the strip inside the pocket.
 14. Align the wrong side of the pocket piece to the right side of the main bag piece along the lower edge.
 15. Baste or pin the edges together. Stitch a seam in the center of the pocket piece through all layers, dividing the pocket into two and attaching the piece to the main bag all in one step.
 16. Thread the serger for a four-thread stitch.
 17. Fold the bag right sides together aligning the long edges. Starting at the lower edge, serge the side seam stopping at the top casing line. Be sure not to serge the openings for the casing closed.
 18. Thread the strap through the top casing. Sew both ends together and baste to the seam on the bottom edge.
 19. Pin fit the bottom circle to the lower edge. Baste in place. Serge the raw edges around the circle to secure.
 20. Turn the bag right side out. Slide your yoga mat in the main bag and your water bottle in the pocket. Then attach your keys and you're ready to go!

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