



“Pillowcase Dress Project” **By Lindsay Wilkes**



Lindsay Wilkes is the owner and designer of The Cottage Mama. The Cottage Mama is a lifestyle blog and children’s sewing pattern company dedicated to inspiring handmade living and the domestic arts. She is a wife, mother of four young children, author of Sew Classic Clothes for Girls, and stay-at-home mom turned handmade business owner. Check it out over at [The Cottage Mama blog!](#)

Pretty Pillowcase Dress:

See Lindsay’s blog post about the Pillowcase Dress and Little Dresses for Africa to get more details on sewing this dress with a few changes to Lindsay’s 15-Minute Pillowcase Tutorial and the optional embroidery machine applique used. <http://thecottagemama.com/2016/06/sewing-dresses-africa/>

Instructions for the basic dress were taken from “Pillow Case Dress Instructions” by [Little Dresses for Africa](#) on page 2.



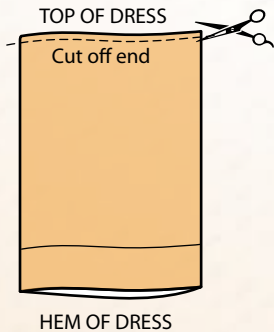


Pillow Case Dress Instructions

"We're not just sending dresses, we're sending hope!"

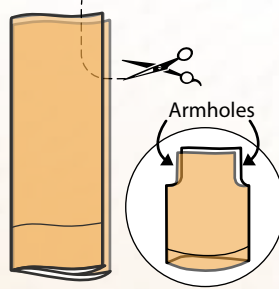
1

Cut off the sewn end of the pillowcase.



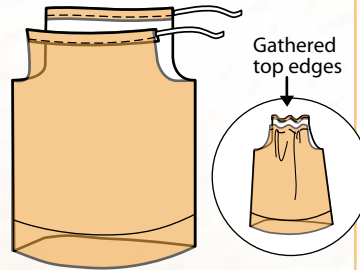
2

Fold pillowcase in half and cut armholes. Cut through all thicknesses, about 4 inches down and 2 inches in.



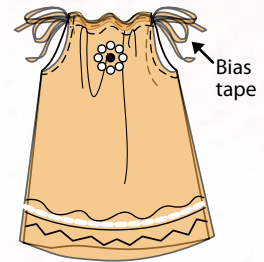
3

Fold down the top about 3/8" at the front and the back. Edgestitch to make a casing. Slide 6 inches of 1/4" elastic through to cause it to gather in the front and repeat for the back.



4

Cut two 38-inch lengths of double-fold bias tape for armholes. Fold each in half and stitch along armholes, leaving extra at the top to tie dress at the shoulders. Trim is optional.



Simple patterns CHANGING LIVES

*Donations and finished dresses
can be sent to:*

Little Dresses for Africa
24614 Curtis Drive
Brownstown, MI 48134
734-637-9064

Thank you for your help with Little Dresses for Africa.
Together, we can make a difference...
one little dress at a time.

Mulungu akudalitseni!
God bless your good works!

Please size dresses before sending!

- **Small:** 2, 3, 4 (16-22 inches)
- **Medium:** 5, 6, 7 (24-28 inches)
- **Large:** 8, 9, 10 (30-34 inches)
- **XLarge:** Anything over 35 inches long or a simple skirt with elastic is also great!
- **Boys shorts** needed up to size 12

Any simple dress or shorts pattern is fine to use.

Please avoid straight pins, buttons, and zippers!

If you would like a confirmation that your box was received please include a note with your e-mail address, or a self-addressed, stamped envelope. Allow 2 to 3 weeks for a response.

For information on how to get involved, please contact Rachel O'Neill at 734-637-9064.

Illustrations By Martha Thierry/Detroit Free Press