



LEARN & CREATE

with Baby Lock



HEIRLOOM SEWING
BASICS

Instructional Video
Skill Level: Basic

Presented By: Sara Gallegos

baby lock
FOR THE LOVE OF SEWING

Sew at Home
OnDemand Classes
Education by Baby Lock & Designer's Gallery

Heirloom Sewing Basics

Supplies

Various high quality heirloom fabrics to practice on – Cotton Organdy, Organza, Linen, silk
French/English Lace
Wing Needle
Topstitching Needle
Fabric Starch appropriate for fabric
Fine Thread – 60 wt. thread
Optional Bridging Plate Set (BLDY-FP for compatible Baby Lock machines)

Tips for working with a Wing Needle

- Play with your heirloom stitches (check your manual for appropriate stitches).
- Starch your fabric.
- Always stitch out designs on test fabrics first.
- Don't use the needle threader with the Wing Needle.



Tips for Entredeux and Insertion Lace

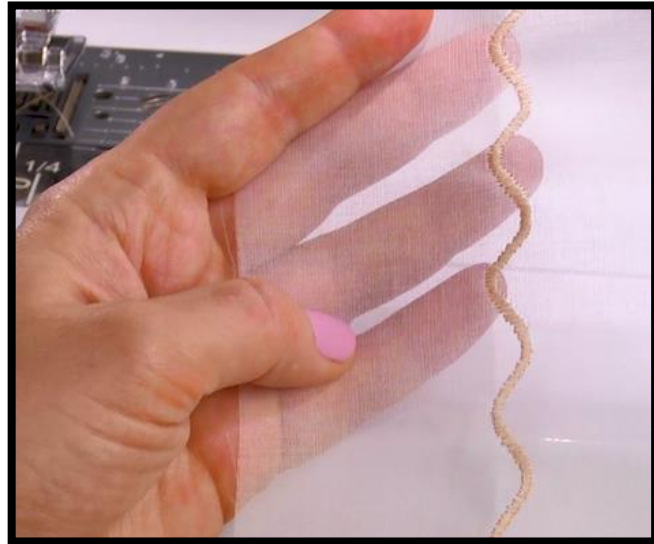
- Use a Fine Thread – 60 wt. thread in top and bottom of machine
- Try using a cotton organdy for starters.
- Try using a hemstitch (3-08 on the Baby Lock Aria)
- Make sure to leave some seam allowance for insertion.
- Always test your fabrics.
- Use starch.
- Try a 90 or 100 topstitching needle if the wing needle is too much for the fabric.
- Try a water soluble stabilizer for fabrics that can be washed if you need more stability for your fabric



After you've stitched your entredeux, you can trim it down leaving seam allowance and insert into another fabric piece as-is, or you can add lace to it as shown in the video. To stitch lace to your entredeux, use a very narrow zig-zag with a 1.5 stitch width and a 1.2 stitch length. Line your lace up next to your stitching and sew away.



Another type of insertion heirloom piece discussed in the video uses stitch 8-03 on the Aria, a satin serpentine decorative stitch. Sara suggests stitching entredeux outside of your decorative stitch and perhaps adding lace to create a completely unique insertion lace!



Tips for Madeira Applique

- Use a 5-step Blanket Stitch (2-03 on the Aria) with a Topstitch Needle – shorten the width of the stitch to match the length of the stitch.
- Mirror your stitch if necessary to work best with your project and how it naturally sews best to the left of the machine needle.
- Sara uses this example with a hem. She presses the fabric up and the bite of the fabric catches the bulk of the hem. Stitch slowly.
- Side note: You can construct your project/garment with a serger or use a serger 3-thread narrow overcasting stitch just to finish the raw edges.



Bridging

- When you join fabrics using the Bridging Plate Set (BLDY-FP for compatible Baby Lock Machines), you get a pretty gap that is bridged with thread.
- Replace your Bobbin Cover with the Bridging Plate piece and put the open toe foot onto your machine.
- Select a stitch that has a straight stitch on 2 sides and a bridge of thread in between (2-08 on the Baby Lock Aria called the Patchwork Double Overlock Stitch or 2-14 called the Ladder Stitch)
- Starch your fabric (Sara uses linen in her example) and press the edges-to-be-joined each under about a $\frac{1}{2}$ ".
- Make your width wider if necessary.

