



LEARN & CREATE

with Baby Lock



Kiss Your Stash Goodbye Mark It Up

Learn a myriad of ways to mark your quilt and learn how to get a design on your quilt exactly where you want it. There are many tools that are available to help with marking. Denise will show you her favorite tools when marking quilts.

Supplies:

- Aqua Net Hairspray
- Golden Threads Tracing Paper
- Quilt Pounce
- Wonder Clips Large
- Saral Transfer Paper – Graphite, White, Blue, Yellow or Red
- Stitch Fix
- Frixion Pen
- Seam Ripper
- Applique Scissors
- Pantograph of your choice
- Quilting Magazine with quilting pattern
- Quilters Choice marking pencil from Roxanne
- Vinyl fabric for practice
- Wet erase marker to practice “stitching”

Marking the quilting patterns on the quilt top for free motion quilting not only makes it easier to be successful, it also helps you develop the muscle memory that makes for fluid quilting.

1. How do you mark your quilt?
 - Marking the quilting lines is not cheating
 - It is part of the process of learning
 - Muscle memory comes from drawing just like it does from quilting
 - So think of the marking process as Brain Training
2. Many quilt patterns are made of repeats of a pattern
3. You need a piece of paper to try this
 - Fold the paper in half
 - You have 2 units
 - Fold again
 - And you have 4 units
 - This is like making a paper snow flake or Spirograph quilting



- Fold corner to corner and you will have 8 units
4. Denise showed a Full Line Stencil and asked how many units made up the stencil pattern.
 - Folded
 - Folded again
 - 8 units to create the stencil



A quilting design can be created by drawing from folded edge to folded edge on the paper that was folded to create 8 units.

1. You will need your folded white paper and a Sharpie
 - Folded sides are the start and stop edges
 - The design must start and end on the folded edges
 - It will not be a continuous line if they are not on the folds
 - Start on one side stop on other side

Golden Threads Paper comes on a roll and is designed for creating paper patterns for marking your quilt

1. Golden Threads Paper-GTP
 - Comes in many widths including 12", 15" 18" or 24"
2. Draw the design on one unit of the Golden Threads Paper
3. Stitch through the lines you have drawn with no thread in your machine to create a stencil
 - The needle in a Baby Lock longarm machine or the sit-down Tiara will make holes that are large enough
 - If you are using a home sewing machine, use a size 130 needle to create those large holes
4. It will be easier to move the paper if you place some fabric behind the paper while you needle punch the pattern
 - Any fabric that is handy will work for this
 - Remember you are sewing with no thread in the needle, so the fabric will not be stitched to the paper
5. Use large Wonder Clips to hold the Golden Threads Paper in place while you are needle punching the design

A Quilt Pounce is filled with chalk dust and it is used with stencils to mark quilting patterns

1. You may want to label your pounce with a note about what kind of chalk it contains.
 - Iron away chalk is removed with a warm iron
 - Wash away is removed with water and would be set and become permanent if touched with a warm iron



- Brush away chalk can be simply brushed off the fabric
2. A Pounce looks a lot like a chalkboard eraser but it is filled with chalk
 - Opposite of a chalk border and eraser



3. Do not let the name fool you; you will not pounce except when you have just filled it with chalk
 - Instead you will swish across the stencil to deposit chalk lines on the fabric
4. Secure the Golden Threads Paper stencil with Wonder Clips
 - Swish Pounce across the stencil
 - The more times you swish, the darker the chalk line will be

How do you hold the chalk line from the Pounce in place?

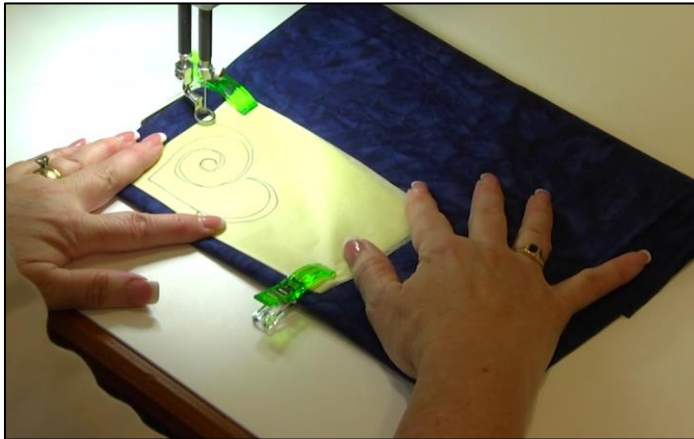
1. Dry chalk powder on dry fabric will move as you are stitching
2. Either use a damp cloth and brush on fabric so the chalk dust sticks to the damp fabric
3. Or use a cheap hair spray like Aqua Net
 - Aqua Net hairspray has a high amount of rubbing alcohol in it and will wash out of the fabric
4. On large quilts mark as you go

Use Golden Threads Paper to make your own custom block patterns and stencils

1. Fold Golden Threads Paper into 4's
2. If desired, find artwork you can trace
 - Pantograph
 - Magazine
 - Books
 - Clipart
3. Golden Threads Paper is semi-transparent, so you can unfold the paper and position it over your artwork to find the design visual you like



4. Draw the pattern on the Golden Threads Paper the same way you will stitch (Use a Frixion Pen)
 - Start the drawing on the fold and end on the fold of the paper to create a continuous pattern
5. Denise used the Tiara by Baby Lock (any machine will work)
 - No thread in machine
 - Set machine up for free motion quilting
 - Secure the Golden Threads Paper on a quilt sandwich fabric and batting using quilt clips



- Sew at a medium speed
 - Keep Golden Threads Paper folded
6. Needle punch the same direction you will free motion quilt
 - You are training your muscle memory at the same time you are creating the stencil
 - Your brain is in training and learns how to move when sewing the shapes
 7. Pausing is allowed
 8. Remove the Wonder Clips and unfold the paper to see the completed stencil

Golden Threads Paper can also be used to create Edge to Edge or border patterns

1. Accordion fold the paper to create as many repeats of the design as desired
2. Use a Frixion Pen
 - Irons away so if you make a mistake you can iron the line away and try again
 - Make it exactly the way you want or iron away
 - A Sharpie marker is permanent and you would need to start over on a new piece of paper



A third option with Golden Threads Paper is to create multiple copies of your pattern and sew through the paper instead of marking the quilt top

1. Accordion fold multiple to create multiple layers of paper and needle punch through all layers
2. The patterns can then be cut apart to create individual pattern
 - Applique scissors work well for cutting along the folds to separate the patterns
3. Position a single layer of paper with your needle punched pattern
4. Stitch through the paper
5. The paper can then be torn away
 - Tear away the paper
 - Some tiny “crumbs” of paper may be left along the stitching lines
 - Use the Seam Fix Seam Ripper with eraser to remove the paper crumbs

If you want to draw designs right onto the fabric

1. Try a Quilters Choice chalk pencil
 - Available in white or grey

Clear vinyl is a good way to practice a new free motion pattern

1. Look for clear vinyl in the home dec department of some fabric stores
2. Lay the vinyl over your pattern
 - This could be a pattern from a book or magazine, or a purchased stencil
3. Use a wet erase marker
4. Trace the pattern in the same direction it will be stitched
 - This is a great way to train your brain and develop the muscle memory for a new quilt pattern before you stitch your quilt

Transfer Paper can also be used to mark a quilt

1. Transfer paper works like carbon paper
2. Transfer paper comes in several colors including grey, white, blue, yellow and red
3. Place the Transfer paper on top of the fabric and place your quilt pattern on top of the Transfer paper
4. Trace design using Use a Frixion Pen
5. Remove the pattern and the Transfer Paper and the design has been transferred to the fabric.
6. Note that working on a hard surface will give you a line that is easier to see

Happy Quilting,
Denise Applegate-Schober

