

## Sashiko Autumn Leaves Wool Quilt



Transform richly colored wool into a beautiful and warm autumn lap quilt that can anyone would love on a chilly fall day. Use the Baby Lock Sashiko Machine to achieve the look of hand quilting.

**Skill Level: Beginner**

Created by: Elizabeth Cecchettini

## Supplies:

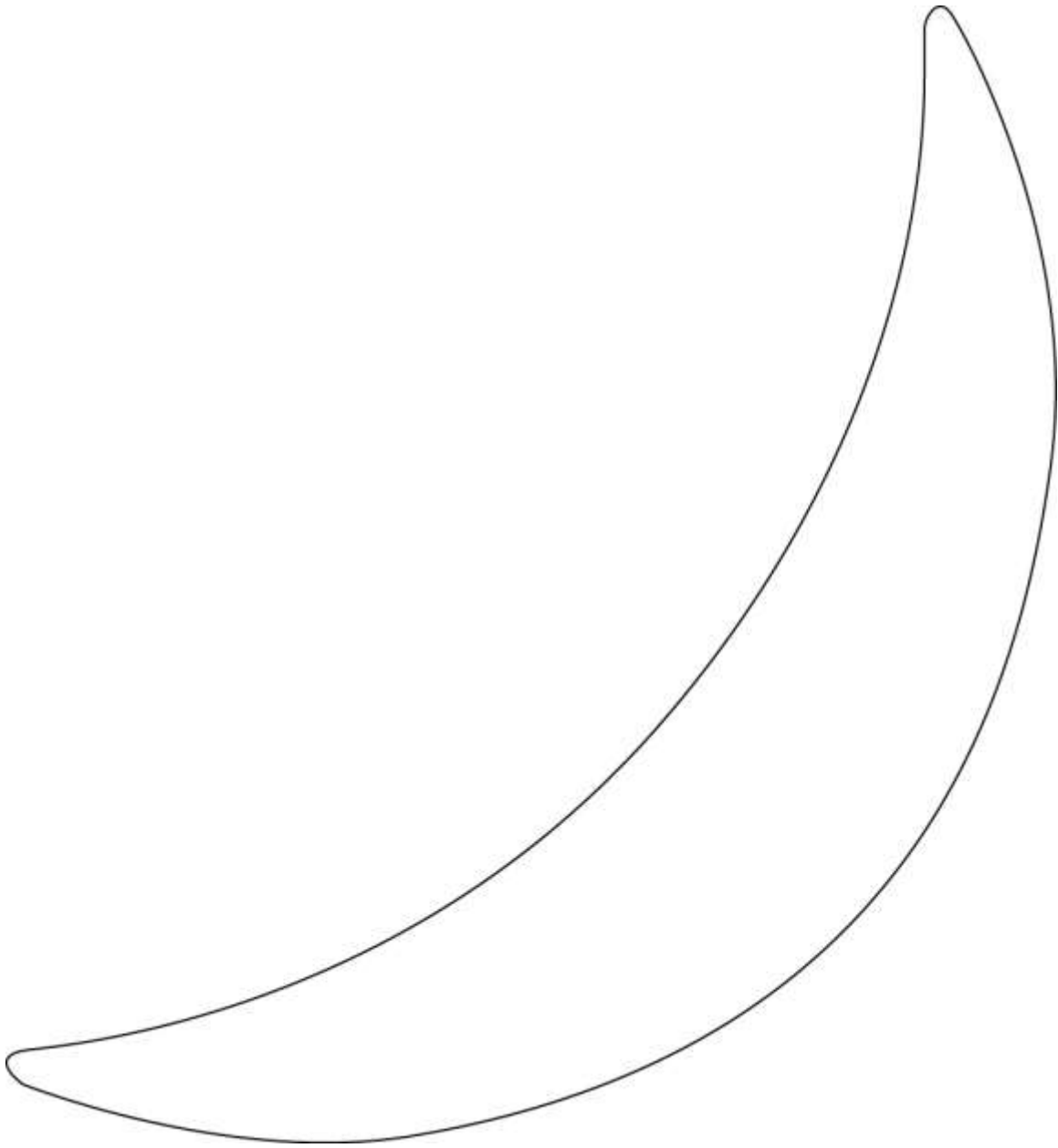
Baby Lock Sashiko Machine  
Baby Lock Journey Sewing and Embroidery Machine  
4 yards of black 100% wool, 54" to 60" wide  
3/4 yard of gold wool felt  
1/4 yard of rust wool felt  
5/8 yard of crimson wool felt  
1/4 yard of moss green wool felt  
Scraps of tan wool felt  
1/3 yard of black and gold star printed 100% cotton  
3 yard of paper backed fusible webbing  
All-purpose thread  
Variegated thread to contrast fabrics  
Large eyed needle  
Water soluble marking pencil, white  
#2 pencil  
Pressing cloth  
Large Teflon pressing sheet  
Large scallop radial ruler  
Rotary cutting system  
Zigzag blade for rotary cutter

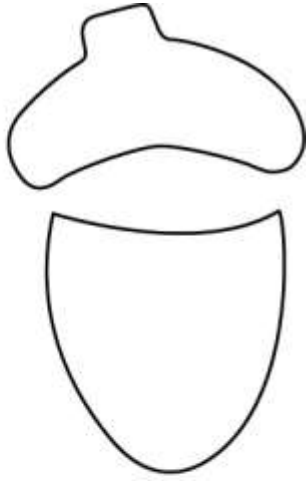
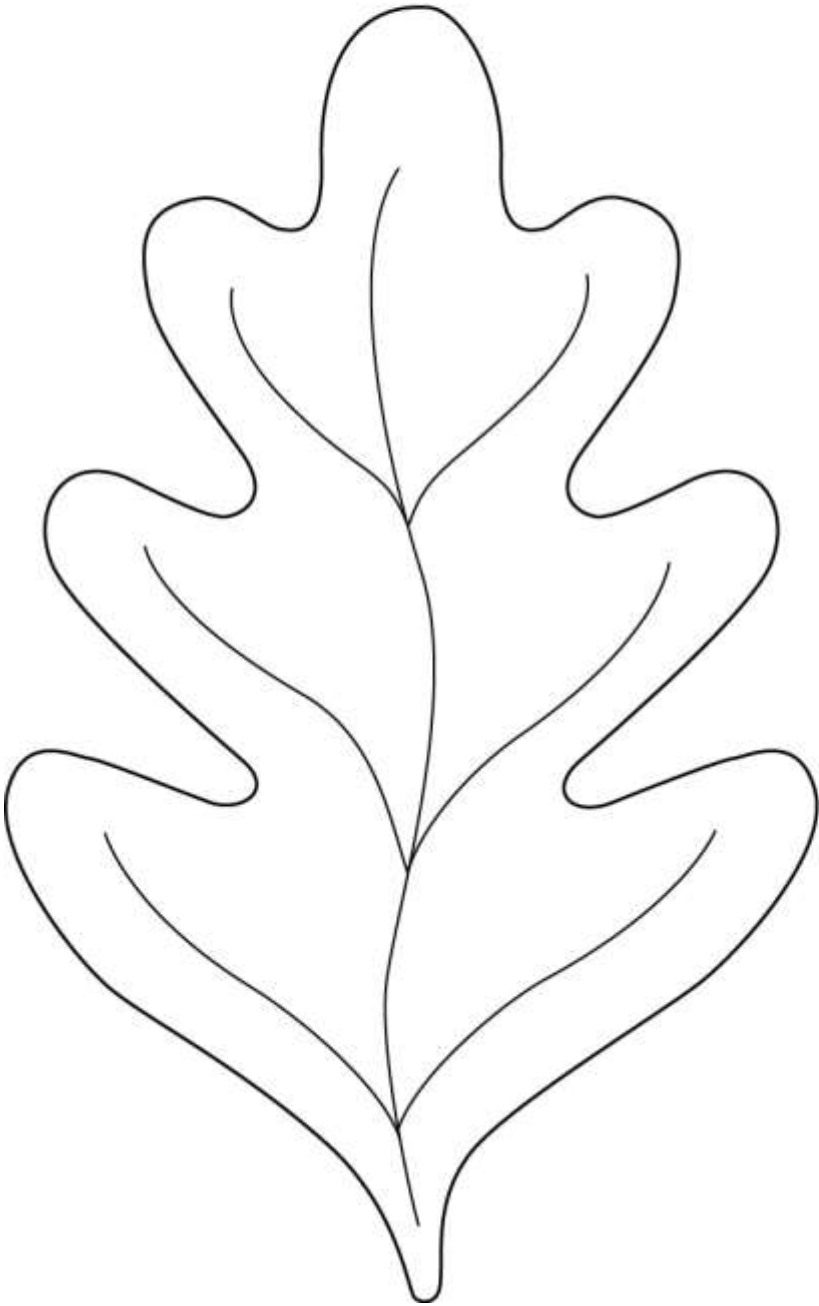
## Instructions:

1. Begin by first felting the black wool fabric. This can be done in the washing machine by using the heavy duty setting and hot water in the wash cycle and cold water in the rinse cycle. After the wash cycle is complete, place the wool in the dryer with high heat. This process can be repeated until the wool is very dense.
2. From the black felted wool cut the following:  
One 46" x 46" square  
One 19" x 19" square
3. From the paper backed fusible webbing cut the following:  
One 8" x 10" piece for the moss green leaves  
One 8" x 20" piece for the rust colored wool felt (leaves and acorns)  
Two 18" x 20" pieces for the gold and crimson wool felt (leaves and crescents)  
One 10" x 20" piece for black and gold star cotton (crescents)
4. Following the manufacture's recommendations, fuse paper-backed webbing to the corresponding pieces of wool felt and cotton.
5. Using the pattern templates, draw each pattern onto the pieces of wool and cotton (paperbacked side) as follows, using a pencil:  
Moss green - 2 leaf patterns each color  
Rust - 4 leaf patterns, 4 acorns  
Gold and crimson - 2 leaf patterns each, set the remaining aside for the crescent shapes to be cut later  
Black and gold star cotton - 8 crescents
6. Carefully cut out each appliqué.
7. Next, prepare the center panel; mark the center lines of the 19" x 19" piece of wool using a water soluble pencil.

8. Remove the backing from the two gold colored leaves. Place the leaves on one center line, the stems of the leaves will face the center with 2 ½" between the leaf ends. Hint: to remove the paper backing from the appliqué, use a pin to score the paper through the center and peel it away gently. Cover the leaves with a pressing cloth and fuse them to the black wool.
9. Prepare the sewing machine for a blanket stitch, length 3.5 and width 3.5. Use a variegated thread in shades of autumn and stitch carefully around the edges of the two leaves. Pull loose thread ends to the back of the panel using a large eyed needle.
10. Next, remove the paper backing from the crimson and moss green leaves. For proper placement, the tips of the crimson and the moss green leaves should just overlap the gold leaf slightly. The space between the tips of the moss green leaves and the crimson leaves is 5/8". When pleased with the placement, fuse the leaves to the black wool.
11. At the machine, stitch around the four leaves, again using the blanket stitch.
12. Mark the veins on each leaf using a water soluble marking pen.
13. Change the stitch pattern to stretch straight stitch, length 3 and width 3.
14. Stitch the leaf veins using the variegated thread. Pull loose thread ends to the back of the panel using a large eyed needle.
15. Cut four 1" x 19" strips of fusible webbing. Fuse the strips to the edges of the black wool center panel.
16. Using the rotary cutter with a zigzag blade, trim ½" from each side of the black wool center panel making it measure 18" x 18". Remove the paper backing from the webbing.
17. Next, prepare the gold and crimson "frames" for the black wool center panel.  
Cut and fuse one 4" x 20" strip of fusible webbing to the gold wool felt.  
Cut and fuse one 4" x 21" strip of fusible webbing to the crimson wool felt.  
Do not remove the paper backing from these strips at this point.  
Cut each of the above strips into four 1" wide strips.
18. To make the small gold edging, lay the black wool panel (right side up) on top of the Teflon pressing sheet. Slip the gold strips under each side of the panel, allowing ½" to extend beyond the black. Press the black wool to the gold. Again, using the rotary cutter with a zigzag blade trim the gold wool, leaving about ¼" of the gold showing from under the black wool.
19. Make the crimson edging in the same manner as the gold wool edging. Leave the paper backing on the crimson edging at this point.
20. Center the black wool and leaf panel onto the 46" x 46" black wool quilt top. Baste the panel to the quilt top. The edges will be fused later.
21. Prepare the crescent appliqué as follows:  
Fuse the black and gold star crescents to the gold wool. Cut the crescents out. Using the rotary cutter with a zigzag blade, allow ¼" of gold felt to show around each crescent shape.  
Next, fuse the above crescents to the crimson wool, again trim 1/4" from the edge with the zigzag blade.
22. Lay out the crescents on the quilt top. Two crescents per side, 3" from the center panel. The crescents meet in the middle in relation to the center

- point of the panel. At the outside corners, there will be a 4" distance between the ends of the crescents. Pin securely, and then fuse in place.
23. Prepare to stitch the black and gold cotton fabric part of the crescents with a blanket stitch, width 3.0 and length 3.5 using black thread.
  24. Prepare the acorns as follows:
    - Using a variegated brown thread and the stretch straight stitch, stitch a 2" x 4" section of the tan wool with a cross-hatch pattern. Stitching lines should be about 1/8" apart.
    - Fuse a piece of webbing to the back of the wool, over the stitching, copy four acorn caps onto the paper and cut out the caps.
    - Remove the webbing from the caps only, fuse to the top of the acorns.
    - Change to a small blanket stitch; stitch the caps to the acorns.
  25. Lay out the acorns on the quilt, 1/2" above the points of the crescents. Fuse to the quilt. Stitch the acorns to the quilt with the blanket stitch.
  26. Next, place one rust colored leaf at each of the four corners. The stems will point towards the center, 2 1/2" from the corners of the center panel. Fuse the leaves to the quilt.
  27. Stitch the leaves to the quilt in the same manner as the leaves in the center panel.
  28. Cut the backing for the quilt from the black wool, 48" x 48"
  29. Lay the quilt top directly onto the quilt backing...no batting needed! Baste the layers together securely.
  30. Quilting for this quilt was done on the Baby Lock Sashiko machine with brightly colored variegated thread.
  31. Starting at the center of the quilt, outline stitch the leaves on the center panel.
  32. Smooth out the center panel on the quilt top and fuse the edges of the panel to the quilt top. Make three rows of stitching around the panel: just to the inside edge of the black, along the crimson edge and just to the outside edge of the crimson edge.
  33. Continue outline quilting acorns and crescents, then the remaining leaves.
  34. Using the scalloped edge ruler and marking pencil, mark the outside edge of the quilt. The scallops measure 9" across the width from point to point. The base of the scallops will measure 6" from the base of the crescents. Line the center of the scallops up with the centers of the crescents. Baste the two layers together along this marked line. Trim away the remaining black wool.
  35. From the gold wool, cut strips with one zigzag side and one straight edge side that measure 1/2" wide. Baste these strips along the edge of the quilt, clipping the strip as needed to lay smooth along the scallops.
  36. From the remaining black wool, cut 1 1/2" bias strips for the binding. Piece the strips together. The binding is applied as a single layer, not folded in half as normal binding. Pin the binding to the quilt front. Stitch the binding to the quilt.
  37. Fold the binding to the back side of the quilt. Fold the raw edge under and pin to the back of the quilt. Hand-stitch the binding to the quilt.





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