



Embroidery Couching



Created by: National Training Manager Patty Marty

Fabric Requirements:

- Fabric Panel: 18" X 18"
- Baby Lock Ultra Soft Fusible Stabilizer: 18" X 18"
- Coordinating Yarn for Couching Design

Machine Requirements:

- Solaris with Upgrade 1

Feet/Hoops Used:

- 10.5" x 10.5" Hoop
- Couching Embroidery Foot and Guide
- Vertical Thread Stand

Additional Notions:








- 40-wt Embroidery Thread, 1-2 colors to coordinate with fabric
- Microtek needles
- Scissors
- Ruler
- Iron

Let's Get Started

Combine Built-In Embroidery Couching designs with IQ Designer Fills allows you to add texture and fun to your embroidery project.

1. Fuse the Ultra Soft Fusible Stabilizer to the back of the Center Panel.
2. Place the fabric in the 10.5" X 10.5" hoop.
3. Place the hoop on the machine.
4. Machine Set-up for Embroidery with W Foot Attached
5. Thread the machine with embroidery thread and bobbin.

Creating the Shape Outline:

1. From the Home Page, select Embroidery. 
2. Select the Couching Designs. 
3. Scroll to find the couching design you want to use and touch Set.
4. Select Edit  and Size .
5. Resize the design, adjusting the width only  to be 7.78" x 7.23". Touch OK.
6. Select the Stamp Creation Key. 
7. Adjust the distance if desired and Save the design to the IQ Memory. Touch OK.
8. Select Memory  to save the adjusted design to the Machine Memory.

9. Once saved, select the Home Key  and OK to exit Embroidery.

Adding a Decorative Fill:

1. From the Home Screen, select IQ Designer.



2. Select the Stamp Icon.



3. Select the 4th Tab and recall the shape created in Embroidery Edit. Touch OK.



4. Select the Stamp Icon again and select the 5th Tab of Hoop shapes.



5. Select the 10.5" X 10.5" Hoop option. Ensure the offset is 0.00 if you want to fill the entire hoop. Touch OK.

6. Select the Fill Properties Icon.



7. Select the Decorative Fill and Touch Select.



8. Choose the background fill of choice. Touch OK.




9. Select a color chip. Touch OK.

10. With the the Fill Cup for the Region Fill  selected, fill the inside of the couching design to add a underfill.

11. If desired, select the Region Fill again, select a different fill and color chip.


12. Ensuring the Fill Cup is still selected, touch around the couching design and the arear around the hoop will be filled.


13. NOTE: You can also skip the background fill and use the Auto Stipple or Echo Quilting feature in Embroidery Editing.

14. Touch Next. 


15. Adjust the Thickness Option  for the Region fill to adjust to the lighter fill.

16. Make any other adjustments as desired.

17. Touch Set.  Follow the prompts out to Embroidery Edit.

18. If wanting to add Automatic Stipple or Echo quilting, touch the icon to add that fill. 

Select the 10.5" x 10.5" hoop size and make any additional adjustments. Touch OK.


19. Touch Embroidery. 

20. Place the prepared hoop on the machine and stitch out the decorative fill design.

21. When completed, touch the Home Key. Touch OK.

Embroidery Couching design:

1. Machine Set-up for Embroidery with Embroidery Couching Foot Attached
2. Place the thread stand on the opened machine lid and attach the Embroidery Couching guide to the left top of the machine.
3. Pro-Tip: The built-in video in the Solaris provides step-by-step instructions on how to set the machine up for Couching for Embroidery.
4. Gather the yarn for the Couching design.
5. Place the yarn on the thread stand and insert through the guide and Embroidery Couching foot via the path indicated in the machine video.
6. Ensure the Embroidery Couching foot has been properly aligned after placing it onto the machine. The needle position will be towards the left side of the foot opening.

7. From the Home screen, touch Embroidery. 

8. Select the Memory pocket  to retrieve the resized couching design. Touch Set.

9. Touch Embroidery.

Embroidery

10. Pro-Tip: Ensure the that yarn is loose and piling at top of the machine to allow it to flow freely as the design stitches.

11. Ensure that there is a long tail of yarn pulled towards the front of the foot prior to stitching.

12. Stitch out the design, helping guide the thread along the way.

13. Stay near the machine with the design stitched to ensure the flow of the yarn.

14. Once stitching is completed, allow another long tail of yarn at the end. Trim with scissors.

15. Remove the fabric from the hoop.

16. Using a large-eyed hand needle, bury the yarn tails to the back of the fabric or simply tie the two tails together and trim any excess.

For other exciting tips and techniques like this one, visit Baby Lock at www.babylock.com.

©2020 Baby Lock USA. This project may be freely used by individuals for non-commercial purposes. Project instructions may not be sold or distributed without approval from Baby Lock. Baby Lock must be acknowledged as the source of the project instructions through copyright or online link.